



PREVENTION AND WELLNESS FAIR FOR VETERANS

LEARN HOW TO STAY HEALTHY

Friday, April 17, 2015

11:00 am - 3:00 pm

VFW Colonia Memorial Post 6061

606 Inman Ave,

Colonia, NJ, US 07067

**Incentives and Light Refreshments
will be provided**

FREE HEALTH SCREENINGS

- Vision
- Blood Glucose
- Cholesterol
- Blood Pressure
- Body Mass Index
- Skin Analysis

Prevention Information:

- Nutrition and exercise
- Diabetes
- Heart Health
- HPV and Cervical Cancer
- Cancer Education and Detection
- Skin Health
- How and why to stop using tobacco

**Registration is required for the Screenings. Please call or email Viviana De Los Angeles at
732-745-3102—viviana.delosangeles@co.middlesex.nj.us**



The Regional Chronic Disease Coalition of Middlesex and Union Counties,
the Middlesex County Office of Health Services, and
Middlesex County Office of Human Services are teaming up with
the Veterans of Foreign Wars
and other organizations to bring this free community health screening event

